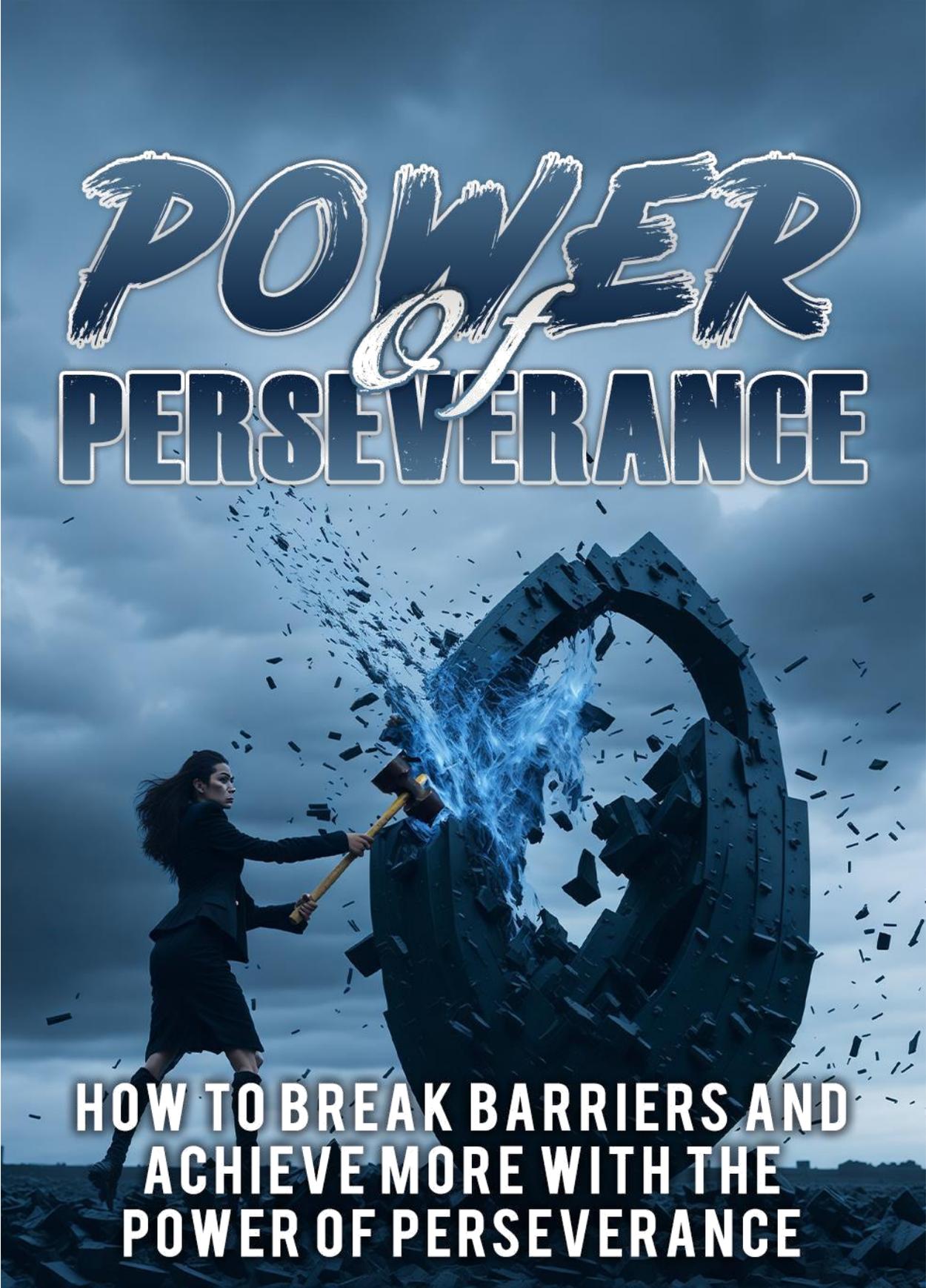


POWER *of* PERSEVERANCE



HOW TO BREAK BARRIERS AND
ACHIEVE MORE WITH THE
POWER OF PERSEVERANCE

Now that you have finished the ebook, you might be looking for some additional resources on how to get the spirit of perseverance that you are longing for. This is a resource cheat sheet that can help you find many more things you need to help you on this journey.

Books

Not ready to keep reading? Here are some more books you can check out to help you with the power of perseverance.

[Grit: Why Passion and Resilience are the Secrets to Success by Angela Duckworth](#)

A person's grit is the number one thing that can bring them closer to their goals and what they want to do in life. The author of this book uses personal experience and interviews with very successful people to show you the power of grit and how to get the spirit of grit yourself.

[Be Obsessed or Be Average by Grant Cardone](#)

This book is about how just wanting to be average is not good enough for those that want an extraordinary life. You need to be obsessed with your life, obsessed with your goals, and obsessed with the opportunities that will come your way. This is how you can develop resiliency and get the life you have dreamed of.

[Relentless: From Good to Great to Unstoppable by Tim S. Grover](#)

Part of perseverance is to keep going despite all the hurdles. You need to keep pushing even when times get very tough. This book is written to show you how to overcome the hardest trials of your life and how you can push forward despite the world being against you.

[The Science of Self Discipline by Peter Hollins](#)

Everyone that is successful will tell you that one of the secrets of perseverance is self-discipline. When you are able to control your thoughts and actions you will be able to focus more on your priorities and begin building a better life for yourself. This is a life-changing practice.

Podcasts

If you're done with reading for now and want to have something to listen to on your next road trip or on the way to work, there are many different podcasts about perseverance that are worth checking out.

Daily Growth Podcast

You can listen to this short and encouraging podcast every day. It covers a number of different podcasts including how to help those in need and how to overcome adversity in your personal or work life.

OBBM Network

If you're searching for a podcast that is specifically for finding perseverance in the workplace, this is a great choice. It talks about how to build your personality and network to help you be one of the top competitors in your career marketplace.

Warriors Unmasked

Listen to this podcast every week if you want to hear about stories of perseverance from soldiers, athletes, and sports coaches. Although you might not be in any of these lines of profession, you can still learn a lot about resilience and perseverance by hearing their stories.

Blogs

Blogs are a great way to do some daily reading without really having to dive into a book. If you don't have time to read a whole book, blogs are the perfect way to get in some reading and motivation.

Here are the top blogs to consider:

Attitudelive.com

This blog is also about the attitudes you need to create for success. Perseverance is a topic that is highlighted quite often. There are personal and real stories about people talking about how they have used perseverance to overcome life's toughest challenges. You can follow the stories of their hurdles and find inspiration for yourself as well.

MotivationalMillennial.Com

Despite the name, this blog is not just for millennials. It discusses topics for people of all ages including how to find success through self-care, how to have the power of perseverance, and how to have faith even when you are struggling.

Biglifejournal.com

If you have a child or teen in your life who could benefit from motivational reading on how to overcome hurdles and challenges, this is a great blog. You can also learn tips on how to be a more perseverant parent and how to show resilience even in hard times as a family.