



# **WIRED** *To Succeed*

**RESOURCE CHEAT SHEET**

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Are you ready to transform your mindset and to start getting more from your life? Are you finally ready to stop letting life 'happen' and to instead take back the reigns?

Once you realize that you have agency and that you have control – once you fix on your life goal and your passion – you'll find that you can truly accomplish anything.

You've read the eBook, you know how this works but perhaps you still need that little extra push to get there. This guide is packed with resources that will help you to do just that!

## Books

Want to know something that successful people have in common? They read... *a lot*. Here are some books that will give you the knowledge to succeed...

### ***The Four Hour Workweek***

*The Four Hour Workweek* by Tim Ferriss is an excellent book on working less while accomplishing more. It tells the story of Tim, whose job was ruining his personal life, and shows how he managed to completely

automate that business so he could travel and write. There are tons of fantastic tips you can learn here and it is a highly recommended read. This is also where 'fear setting' actually comes from.

### ***The Personal MBA***

*The Personal MBA* by Josh Kaufman aims to teach readers everything they need to know in order to run a business. It's supposed to be an 'MBA in a book' and while that's a very lofty goal, there is certainly a lot that can be learned here. And this includes a lot of information that is not only relating to business – such as information on how to predict possible outcomes in your personal life and how to manage people!

### ***How to Save an Hour Every Day***

This book from Michael Heppell is a collection of methods you can use to save time throughout your day. Saving time is one of the most important ways to start achieving more, so it's definitely worth reading.

### ***Awaken the Giant Within***

This is one of the classic books from Tony Robbins, the celebrated self-help guru who works with world leaders and top athletes to help them get more from themselves. It's a book you have to read for yourself to fully appreciate.

## ***The Art of War***

Sun Tsu's timeless classic still holds up today. Of course the context is different but almost all of the tips can be applied in some way to more modern situations.

## ***Vagabonding***

This book from Rolf Potts explains how to actually make good on your travel goals. You learn how to work a little less and live a little more, which includes taking 'mini retirements' throughout your life to get out there and really see the world!

## ***59 Seconds: Think a Little, Change a Lot***

*59 Seconds* by Richard Wiseman is a book that breaks down many of our assumptions when it comes to 'self-help' tips. The book challenges many of the things we assume to be correct when it comes to getting what you want and looks at the science behind those tips.

## ***Thinking: Fast and Slow***

Daniel Kahneman's classic text on thinking is an absolute must for anyone who is interested in achieving more and becoming more efficient. This is a book that explains the difference between thinking fast and making impulse judgements and thinking slowly to overcome 'cognitive biases'. A must read.

## YouTube

If you want to be inspired to become more successful, then there are a few YouTube channels that can be a great place to start...

### ***I Am Alpha M***

<https://www.youtube.com/user/AlphaMconsulting>

This channel is all about dressing your best. It provides tips on dressing to look more muscular, tips on dressing to look more confident *etc.* There is also a lot of useful information for those generally looking to improve their lives – dating and fitness advice for instance. It's a great place to binge-watch if you want to come away feeling good about yourself.

### ***Charisma on Command***

<https://www.youtube.com/user/charismaoncommand>

Charisma on Command is a channel that aims to teach charisma and interpersonal skills. It's better than that may sound though, because it actually breaks down the psychology at play and looks at how celebrities present themselves, as well as even some fictional characters! Fascinating to watch and generally a useful resource.

### ***Strength Camp***

<https://www.youtube.com/user/strengthcamp>

For those looking to improve themselves physically, Strength Camp is an excellent and highly motivating resource.

But what it also is, is a great place to find advice from Eliot Hulse. Look for his old 'Yo Elliot' videos and you'll find there are some very impressive tips here.

### ***London Real***

<https://www.youtube.com/user/LondonRealTV>

London Real is a channel that is concerned with interviewing some of the most successful and fascinating people in the world. It's a brilliant place to go if you want to get inspired to succeed because these in-depth discussions provide all manner of tips and advice from some of the world's top performers.

## **Websites and Blogs**

### ***FourHourWorkweek/Blog***

[www.thefourhourworkweek.com/blog](http://www.thefourhourworkweek.com/blog)

This is the site of previously-mentioned author Tim Ferriss. What makes it such a great site to check out right now though, is the new podcast. Like London Real, Tim uses this channel to interview many of the highest achieving individuals in the world – from Arnold Schwarzenegger to Elon Musk. It's all free too!

## ***The Art of Manliness***

[www.artofmanliness.com](http://www.artofmanliness.com)

This is going to be a site that's mainly aimed at men of course but if you are a member of the less-fair sex, then it's a fantastic resource. Here, you'll find tips on conducting yourself, on dressing, on interacting with others and much more.

## ***A Successful Woman***

[www.asuccessfulwoman.com](http://www.asuccessfulwoman.com)

Seeing as we had a site for men here, it seems only fair to include a site for women too. This blog will provide a ton of female-friendly tips and advice that can help you to start accomplishing more and going further!

## ***Lifehacker***

[www.lifehacker.com](http://www.lifehacker.com)

This is a site that's great when it comes to tips, advice and strategies you can use to make all kinds of things in life that much easier. Spend less time folding shirts and more time accomplishing the things you want to!